

We will need certain information before your first appointment can begin at Island Medical Group. If you haven't downloaded and filled out the **new patient forms** available in the FORMS section of this web site, you will need to complete them in the office **so please give yourself and our staff plenty of time to complete this task**. Some forms relate to your insurance coverage, some to privacy issues and who (if anyone) you would like to be able to speak with our doctors about your medical condition, and some relate to your medical history. This last is extremely important, since the more your doctor knows about you the more she or he can help you.

We will need **cards** issued by your insurance companies.

Referral forms: patients are responsible to know if their plan requires a form from their primary medical doctor before being covered for consultation appointments. The referral form must be presented at the time of arrival at our registration desk.

Medical records: these are invaluable in situations where patients have been hospitalized or have had consultations or radiologic procedures. Laboratory tests are part of this information that can help our doctors understand your condition.

Medication list: this is a crucial piece of data for anyone taking prescription medication, vitamins, supplements, or over the counter pills. A complete list of **allergies** is also needed. Both should be kept on one piece of paper in wallet or purse at all times.